

# Gentle Circumcision

## Aftercare instructions for your son

\*\*\* If you have any concerns, please call our office. WE SPECIALIZE IN CIRCUMCISIONS. We cannot be responsible for medical advice given by outside providers since over-treatment may result.

(we are available 24/7 for emergencies ONLY, all other calls will be returned on the next business day)

### Your son's procedure:

- Your son will go home with a compression dressing covering the area.
- He has sutures in place, which will dissolve on their own.
- Once discharged from our office, your son will be restricted to resting immediately after his procedure and gradually increase activity within the next few days.
- He should not ride a bike/riding toy for 1 week.
- Bruising and Swelling is completely normal. It's due to the administration of the local anesthesia. It usually takes 7-10 days to fade away.

### Medications:

- Your son has been prescribed pain medications by our physician. A medication list with the dose and time will be provided to you. Please follow the times as directed.
- He will be on an antibiotic for 10 days. This must be taken as directed.

### Bleeding:

- Small spots of blood on his diaper/underwear is **normal**.
- Immediately contact our office if you see continuous bleeding/larger than a quarter size amount of blood.

### Cleaning the area:

- No bath or shower for the first 3 days.
- You may use a washcloth to gently clean the area.
- Do not apply anything to the area unless directed by our physician.
- You may begin showering after the 3rd day, once the bandages have been removed.

### Removing the bandage:

- The bandage should be removed on the 3rd postoperative day.
- Soak in a bath for 30 minutes. This will loosen the crusted dressings, making it easier to remove.
- Once removed, gently pat dry.
- Do Not apply anything unless directed by your physician.

## Mandatory Follow up Appointment:

- Your son is scheduled for a **mandatory** follow up appointment on: \_\_\_\_\_.  
**It cannot be rescheduled.**
- There is no additional fee for this appointment. If this appointment is missed, you will be charged a \$50 fee to be seen at a later date.
- Only your son and two adults are permitted in the office. No other children are allowed in consideration to our newborn patients who can be exposed to viruses.

### Most frequently asked question/concern:

- **I think my son has a blister on the area:**  
*You will notice a yellow or gray bubble which is caused by a medication (silver nitrate) which we use in the procedure room to stop the bleeding. This scar will become dry, hard and black, then it will fall off by itself (similar to the belly button) within 2 weeks.*
- **Why does it look infected?:**  
*It is normal if the area turns yellow. This does **not** mean infection. The area will clear up within 2 weeks.*
- **Why does it look like the ring is starting to fall off?:**  
*The ring is designed to fall off within 7 days. This is part of the healing the process. If it does not fall off, the doctor will remove it on your follow up appointment.*

## Call our office immediately if:

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- Your son is bleeding continuously.
- Your son's temperature is 101° or greater.
- Swelling increases after 3 days.
- You notice foul smelling discharge.